

## Healthy Family Communication Course Registration Form

Parents' Names \_\_\_\_\_

Circle the dates and topics of the sessions you plan to attend.

Dates	Topics
January 26	Let's Give Them Something to Talk About
February 23	A Little Less Talk and a Lot More Action
March 30	Love is a Battlefield
April 27	Please Don't Let me be Misunderstood

Names and current grades of elementary children and youth:

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Names and current ages of children younger than kindergarten:

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To register, complete this form and return to the church office,  
place in the offering plate, or email the information to  
daphne@wesleymonumental.org

For more information, please contact Charli Weeks,  
912-232-0191 or charli@wesleymonumental.org



## Healthy Family Communication Course 2019

### Dates

January 26, February 23,  
March 30, April 27

### Times & Location

Class Time 4:30-6:00 p.m.  
Parents' Night Out 6:00-8:00 p.m.  
Fellowship Hall

### Cost

\$15 per family per session  
or  
\$40 per family for all four  
Price includes childcare and  
meal for children each night.

### Childcare

Available for children through 8th grade  
from 4:30-8:00 p.m.  
Dinner for children will be  
provided each night.

429 Abercorn Street, Savannah, GA 31401  
912-232-0191 wesleymonumental.org

**Saturday, January 26**

**Let's Give Them Something to Talk About**

**Whitney Owens, presenter**

In this talk, we will be breaking down the basics of communication. We will discuss why communication is important and how to improve your communication skills. You will leave with something to talk about.



Whitney Owens is a licensed professional counselor and has been seeing clients for ten years. She has experience working with those suffering

from depression, anxiety, identity formation, relational issues, and religious concerns. She has a Master's Degree in Professional Counseling from Richmond Graduate University and is the owner of Water's Edge Counseling here in Savannah. Whitney is an active member at Wesley Monumental and is married to James. They have two beautiful girls, Anna (5) and Abby (2).

**Saturday, February 23**

**A Little Less Talk and a Lot More Action**

**Emily Hawkins & Lisa Clark, presenters**

Men and women often have different styles of communicating. Women want more talk and men want less talk and more action. We will break up into different gender groups to discuss the different ways we communicate.

**Saturday, February 23 Cont.**



Emily Hawkins is a licensed clinical social worker with 15 years of experience working with clients. She enjoys working with both stu-

dents and adults but is particularly passionate about working with children. Emily incorporates play therapy components into her work with children. She has a Master's Degree in Social Work from the University of South Carolina. Emily and her husband, John, have three children, William (13), John "Jr" (6), and Isaac (19 months).



Lisa Clark is a licensed professional counselor who has devoted her career to those struggling with anxiety, depression, and

other mental health issues. Lisa has a Master's Degree in Community Counseling from The University of Maryland. She has over 30 years of experience, working in both inpatient and outpatient settings, as well as in management of several inpatient facilities. She is especially passionate about working individually with students and adults. Lisa and her husband, Zac, have two children, Hunter (16) and Abby (13).

**Saturday, March 30**

**Love is a Battlefield**

**Camie Goodes, presenter**

Even though love is a battlefield, we will learn how to make it less so. Couples will come together to learn how to more effectively communicate with one another.



Camie Goodes has a Master's Degree in Professional Counseling from Liberty University and is most passionate about

working with couples in conflict, disengaged families, individuals with substance abuse, and those healing from sexual infidelity and addiction. She also enjoys working within family units to help improve and strengthen relationships. Camie and her husband, Patrick, have a son, Chase, a daughter, Kylie, and two grandchildren, Mackenzie (10) and Keaton (3).

**Saturday, April 27**

**Please Don't Let me be Misunderstood**

**Emily Hawkins, Camie Goodes, and Whitney Owens, presenters**

We will learn how to better understand our children and their communication needs. We will divide into different classes based on our child/children's age.